

NORFOLK ASSISTS THOSE IN NEED INC



THIS BOOKLET INCLUDES INFORMATION ON:

ST GEORGE HOSPITAL

PRINCE OF WALES PUBLIC HOSPITAL

SYDNEY CHILDRENS HOSPITAL, RANDWICK

ROYAL PRINCE ALFRED HOSPITAL

THE CHILDRENS HOSPITAL AT WESTMEAD

ACCOMMODATION OPTIONS IN VICINITY OF HOSPITALS

HANDY PHONE NUMBERS

TRAVEL INSURANCE

We strongly recommend purchasing travel insurance before leaving Norfolk Island. The patient is automatically covered for the duration of their stay in hospital, but not after being discharged. Carers travelling with the patient are not covered otherwise.



NORFOLK ASSISTS THOSE IN NEED INC

Your application for assistance has been approved!

Funds of \$500.00 have been direct deposited into the bank account nominated on the application form.

There are also 2 mobile phones with sim cards located in the Directors Office at the NI Hospital that are available for your use.

This booklet contains information about the Opal card, accommodation directory & phone numbers which may be useful to you or your carer during your stay in Sydney.

Before you depart from Norfolk make sure you have on you or your carer has your medicare card, passport, medical documents/information, private health insurance documents & your purse.

WHAT IS NATIN?

Norfolk Assists Those In Need Inc. (*NATIN Inc.*) has been formed as a not for profit organisation to apply for, raise and distribute, emergency type funding towards assisting those who require urgent medical evacuation (medivac) for off-shore emergency medical and/or hospital attention. NATIN aims to liaise and co-operate with other organisations with similar or complementary objectives.

At all times the Association will keep the Norfolk community informed of the objectives and benefits available through the Association. The Association plans to apply for such grants or sources of funding as may be available to fund the objectives of the Association. This will include philanthropic gifts and at least one major fundraiser throughout each calendar year.



WHO IS ELIGIBLE TO APPLY FOR ASSISTANCE AND WHAT IS THE ELIGIBILITY CRITERIA?

Financial assistance is considered for those people who meet the eligibility criteria and who are in need of urgent medical evacuation by either medivac flight; or by commercial flight to either Australia or New Zealand. Patients must have resided on Norfolk Island for a minimum of one (1) year. They must be accompanied by a medically qualified travelling escort and be medivac'd for the purposes of emergency offshore medical or hospital treatment that is not available locally. This does not cover those people who need to go to the mainland for tests, x-rays or on-going medical treatment.

NATIN members include a Fundraising/Events Committee, a General Committee and a Funds Distribution committee.

NATIN COMMITTEE MEMBERS

President - Naomi Thompson – naomi.thompson@ni.net.nf

Vice President - Andrew Barnett – plumbers@ninet.nf

Secretary - Carissa Quintal – quintalz@ninet.com

Treasurer - Debbie Steven – fishy@ninet.nf

NORFOLK ISLAND HEALTH & RESIDENTIAL AGED CARE SERVICES

Grassy Rd

Norfolk Island, NSW 2899

Ph: 0011 6723 22091

NORFOLK ISLAND SOCIAL WORKER

Ph: 0011 6723 22091



PUBIC HOSPITAL INFORMATION

ST GEORGE HOSPITAL

Grey St

Kogarah, NSW 2217

Ph: (02) 9113 1111

<http://www.seslhd.health.nsw.gov.au/SGH/>

PRINCE OF WALES PUBLIC HOSPITAL

Barker St

Randwick, NSW 2031

Ph: (02) 9382 2222

<http://www.seslhd.health.nsw.gov.au/POWH/>

SYDNEY CHILDRENS HOSPITAL, RANDWICK (RANDWICK CHILDRENS)

High St

Randwick, NSW 2031

Ph: (02) 9382 1111

<http://www.schn.health.nsw.gov.au>

ROYAL PRINCE ALFRED HOSPITAL

Missenden Rd

Camperdown, NSW 2050

Ph: (02) 9515 6111

<http://www.slhd.nsw.gov.au/rpa/>

THE CHILDRENS HOSPITAL AT WESTMEAD (WESTMEAD CHILDRENS)

Corner Hawkesbury Rd & Hainsworth St

Westmead, NSW 2145

Ph: (02) 9845 0000

<http://www.schn.health.nsw.gov.au/>

SYDNEY TAXI SERVICES

Premier Taxis 13 10 17

Legion Cabs 13 14 51

Silver Service 13 31 00

13 CABS 13 22 27



OPAL CARD INFORMATION FOR PUBLIC TRANSPORT

WHAT IS AN OPAL CARD?

Opal cards are smartcard tickets that you keep, reload and reuse to pay for travel on public transport (Bus, train, light rail & ferry). Opal cards make getting around much easier. Simply add \$ value to your opal card then tap on and tap off to pay your fares on trains, buses, ferries and light rail.

As well as the lowest single fares, opal cards have lots of benefits for regular travellers.

WHERE TO TOP-UP?

- Phone: **13 67 25 (13 OPAL)**
- Online: www.opal.com.au
- Opal retailers (Newsagents, 7 Eleven, Coles, Woolworths etc.)
- Service centres
- Top up machines

OPAL CARD EXAMPLES



NORFOLK ISLAND TRAVEL AGENTS

BURNT PINE TRAVEL (Air New Zealand)

Norfolk Island, NSW 2899

Ph: 0011 6723 22195

Email: juliette@burntpinetravel.nf

AIR NORFOLK TRAVEL trading as Travelworld Norfolk Island

Norfolk Island, NSW 2899

Ph: 0011 6723 22781

Email: joe@travelworld.nf



ST GEORGE HOSPITAL

Map source: www.seslhd.health.nsw.gov.au/SGH/documents/SGH_Campus_Map.pdf

ACCOMMODATION DIRECTORY

This guide is for accommodation which is close to **St George Hospital**. This covers some but not all accommodation in the area. You are encouraged to access the internet for all available options. No claims are made as to the quality and the price guides are only an estimation of costs. All enquiries must be directed to the hotel itself.

\$ = \$50 - \$100 per night

\$\$ = \$100 - \$150 per night

\$\$\$ = \$150 - \$250 per night

\$\$\$\$ = \$250+ per night

SIR JOSEPH BANKS HOTEL (\$)

1354 Botany Rd
Botany, NSW 2019
Ph: (02) 9316 8822
Email: info@sjbhotel.com.au
Approx. 10kms from SGH

IBIS BUDGET, ST PETERS (\$)

178 Princes Hwy
St Peters, NSW 2044
Ph: (02) 9519 0685
Email: H2699@accor.com
Website: www.accorhotels.com/gb/hotel-2699-ibis-budget-st-peters
Approx. 8km from SGH

TAREN POINT HOTEL (\$)

105 Parraweena Rd
Taren Point, NSW 2229
Ph: (02) 9525 2879
Website: www.tarenpointhotel.com.au



CAPTAIN COOK HOTEL (\$ - \$\$)

1114 Botany Rd

Botany, NSW 2019

Ph: (02) 9316 9019

Email: captaincookhotel@bigpond.com

Website: www.captaincookhotel.com.au

Approx. 10kms from SGH

QUALITY HOTEL SYDNEY AIRPORT (\$\$ - \$\$\$)

35 Levey St

Wolli Creek, NSW 2205

Ph: (02) 9556 1555

Email: info@qualitysydneyairport.com.au

Website: www.qualitysydneyairport.com.au

Approx. 4kms from SGH

CRONULLA MOTOR INN (\$\$ - \$\$\$)

85 The Kingsway

Cronulla, NSW 2230

Ph: (02) 9523 6800

Email: reservations@cronullamotorinn.com

Website: www.cronullamotorinn.com

Approx. 12.4kms from SGH

NOVOTEL SYDNEY BRIGHTON BEACH (\$\$\$)

The Grand Pde

Brighton-Le-Sands, NSW 2216

Ph: (02) 9556 5111

Email: H1656@accor.com

Website: www.accorhotels.com/gb/hotel-1656-novotel-sydney-brighton-beach

Approx. 2kms from SGH

MECURE SYDNEY INTERNATIONAL AIRPORT (\$\$\$)

22 Levey St

Wolli Creek, NSW 2205

Ph: (02) 9518 2000

Email: h5603@accor.com

Website: www.mercuresydneyairport.com.au/en/default.html

Approx. 4kms from SGH



PRINCE OF WALES HOSPITAL SYDNEY CHILDRENS HOSPITAL, RANDWICK

Map source: www.seslhd.health.nsw.gov.au/powh/POWMap/index.htm

ACCOMMODATION DIRECTORY

This guide is for accommodation which is close to **Prince of Wales Hospital + Sydney Childrens Hospital, Randwick**. This covers some but not all accommodation in the area. You are encouraged to access the internet for all available options.

No claims are made as to the quality and the price guides are only an estimation of costs. All enquiries must be directed to the hotel itself.

\$ = \$50 - \$100 per night

\$\$ = \$100 - \$150 per night

\$\$\$ = \$150 - \$250 per night

\$\$\$\$ = \$250+ per night

THOROUGHbred MOTEL (\$)

11 Alison Rd

Kensington, NSW 2033

Ph: (02) 9662 6044

Email: bookings@thoroughbredmotel.com.au

Website: www.thoroughbredmotel.com.au

ELIZABETH HUNTER LODGE (\$)

125 Birrell St

Waverley, NSW 2024

Ph: (02) 9369 0307

Email: ask@uniting.org

Website: www.hunterlodge@wmhw.org.au

AVOCA LODGE (\$ - \$\$)

235 Avoca St

Randwick, NSW 2031

Ph: (02) 9399 7779

Email: avoca@sydneylodges.com

Website: www.sydneylodges.com



PEROUSE LODGE (\$ - \$\$)

6 Perouse Rd
Randwick, NSW 2031
Ph: (02) 9314 6686
Email: perouse@sydneylodges.com
Website: www.sydneylodges.com

RANDWICK LODGE (\$\$)

211 Avoca St
Randwick, NSW 2031
Ph: (02) 9310 0700
Email: randwick@sydneylodges.com
Website: www.sydneylodges.com

THE CENTRE (\$\$)

14 Frances St
Randwick, NSW 2031
Ph: (02) 9398 2211
Email: admin@thecentre.com.au
Website: www.thecentre.com.au

THE BLenheim RANDWICK (\$\$)

26 Blenheim St
Randwick, NSW 2031
Ph: (02) 8345 8400
Email: blenheim@sydneylodges.com
Website: www.sydneylodges.com

HIGH CROSS PARK LODGE (\$\$ - \$\$\$)

79 Cuthill St
Randwick, NSW 2031
Ph: (02) 9314 5553
Email: highcross@therandwicklodges.com.au
Website: www.sydneylodges.com

QUEST BONDI JUNCTION (\$\$ - \$\$\$)

28 Spring St
Bondi Junction, NSW 2022
Ph: (02) 9078 1700
Email: questbondijunction@queststudios.com.au
Website: www.questbondijunctionquestapartments.com.au



COOGEE SANDS HOTEL & APARTMENTS (\$\$ - \$\$\$)

161 Dolphin St
Coogee, NSW 2034
Ph: (02) 9665 8588
Email: info@coogeesands.com.au
Website: www.coogeesands.com.au

THE ROYAL HOTEL RANDWICK (\$\$ - \$\$\$)

2 Perouse Rd
Randwick, NSW 2031
Ph: (02) 9399 3006
Email: royhotel@bigpond.net.au
Website: www.royalhotel-sydney.com

MERITON SUITES & APARTMENTS – BONDI JUNCTION

97 Grafton St
Bondi Junction, NSW 2022
Ph: (02) 88305 7600
Email: stay@meriton.net.au
Website: www.meritonsuites.com.au

MERITON SUITES & APARTMENTS – ZETLAND

8 Defries Ave
Zetland, NSW 2017
Ph: (02) 8074 9000
Email: stay@meriton.net.au
Website: www.meritonsuites.com.au

MERITON SUITES & APARTMENTS – WATERLOO

30 Danks St
Waterloo, NSW 2017
Ph: (02) 8394 4200
Email: stay@meriton.net.au
Website: www.meritonsuites.com.au



ROYAL PRINCE ALFRED HOSPITAL

Map source: www.slhd.nsw.gov.au/rpa/pdf/RPAH_map.pdf

ACCOMMODATION DIRECTORY

This guide is for accommodation which is close to **Royal Prince Alfred Hospital**. This covers some but not all accommodation in the area. You are encouraged to access the internet for all available options. No claims are made as to the quality of accommodation and the price guides are only an estimation of costs. All enquiries must be directed to the hotel itself.

\$ = \$50 - \$100 per night

\$\$ = \$100 - \$150 per night

\$\$\$ = \$150 - \$250 per night

\$\$\$\$ = \$250+ per night

ALISHAN INTERNATIONAL GUEST HOUSE (\$)

100 Glebe Point Rd

Glebe, NSW 2037

Ph: (02) 9566 4048

Email: stay@alishan.com.au

Website: www.alishan.com.au

RYALS SERVICED APARTMENTS (\$)

210/13 Layton St

Camperdown, NSW 2050

Ph: (02) 8324 7454

Email: camperdown@ryalsapartments.com.au

Website: ryalsapartments.com.au

SYDNEY SPACE (\$ - \$\$)

10 Missenden Rd

Camperdown, NSW 2050

Ph: (02) 9697 9960

Email: info@hotelspace.com

Website: www.hotelspace.com.au



ATELIER APARTMENTS (\$\$)

130 Carillon Ave

Newtown, NSW 2042

Ph: (02) 9517 9552

Website: www.residentmanager.com.au

Located 200 metres from RPA

RYDGES AT CAMPERDOWN (\$\$ - \$\$\$)

9 Missenden Rd

Camperdown, NSW 2050

Ph: (02) 9516 1522

Email: reservations_rydgescamperdown@evt.com

Website: www.rydges.com/accommodation/sydney-nsw/camperdown

ADARA CAMPERDOWN HOTEL (\$\$\$)

108 Parramatta Rd

Camperdown, NSW 2050

Ph: (02) 9557 6100

Email: camperdown@adaraapartments.com.au

Website: www.adarahotelsapartments.com.au/adara-camperdown

THE ALFRED HOTEL

51 Missenden Rd

Camperdown, NSW 2050

Ph: (02) 9557 2216

Website: www.thealfredhotel.com.au



THE CHILDRENS HOSPITAL AT WESTMEAD

Map source: www.schn.health.nsw.gov.au/files/attachments/parent_handbook.pdf

ACCOMMODATION DIRECTORY

This guide is for accommodation which is close to **The Childrens Hospital at Westmead**. This covers some but not all accommodation in the area. You are encouraged to access the internet for all available options.

No claims are made as to the quality and the price guides are only an estimation of costs. All enquiries must be directed to the hotel itself.

\$ = \$50 - \$100 per night

\$\$ = \$100 - \$150 per night

\$\$\$ = \$150 - \$250 per night

\$\$\$\$ = \$250+ per night

IBIS BUDGET WENTWORTHVILLE (\$)

377/383 Great Western Hwy,

Wentworthville, NSW 2145

Ph: (02) 9769 1240

Email: h2703@accor.com

Website: www.accorhotels.com/gb/hotel-2703-ibis-budget-wentworthville/index.shtml

CHISHOLM COTTAGE (\$)

49 Alexandria Ave

Westmead, NSW 2145

Ph: (02) 9633 4228

Email: outreach@stvincents.com.au

Website: www.sistersofcharityoutreach.com.au/service/chisholm-cottage

Chisholm Cottage offers low-cost, short, shared accommodation for individuals & families who need to travel to Sydney for medical services.



CASUARINA LODGE PATIENTS ACCOMMODATION (\$)

Corner of Darcy Rd & Hawkesbury Rd

Westmead, NSW 2145

Phone: (02) 9845 6900

Email: WSLHD-CasuarinaLodge@health.nsw.gov.au

Website: www.wslhd.health.nsw.gov.au/Westmead-Hospital/Patient---Visitor-Information/Accommodation-for-Westmead-Hospital-visitors/Casuarina-Lodge

Casuarina Lodge is situated at Westmead Hospital

WESLEY APARTMENTS (\$ - \$\$)

30 Hainsworth St

Westmead, NSW 2145

Ph: (02) 8094 1691

Email: info@wesleyapartments.org.au

Website: wesleyapartments.org.au

ABSOLUTE WATERFRONT APARTMENTS

16 Caroline Street

Westmead, NSW 2145

Ph: (02) 8843 1300

Email: rental@waterfront-apartments.com.au

ABSOLUTE WATERFRONT APARTMENTS – MONARCO

91 Bridge St

Westmead, NSW 2145

Ph: (02) 8843 1300

Email: rental@waterfront-apartments.com.au

Website:

www.waterfrontapartments.com.au/apartment/westmead/monarco

WALDORF PARRAMATTA APARTMENT HOTEL (\$\$ - \$\$\$)

110-114 James Ruse Dr

Parramatta, NSW 2142

Ph: (02) 8837 8000

Email: centralres@waldorf.com.au

Website: www.waldorfparramatta.com.au



HANDY INFORMATION

Norfolk Island Patients Travel & Accommodation Assistance Scheme

NIPTAAS is a subsidy program which provides financial assistance to help with travel and accommodation costs for people (and eligible escorts) who need to travel long distances to access specialist treatment not available locally. Patients travelling at least 100km each way, or at least 200km per week cumulative distance, are eligible to apply for NIPTAAS subsidies.

Make sure you get your specialist on Norfolk and in Sydney to complete the sections required of them before you leave the hospital.

To obtain further details about NIPTAAS eligibility, NIPTAAS application forms and NIPTAAS facts contact the social worker at the Norfolk Island Hospital or the hospital which you have been admitted too.





NATIN:

President - Naomi Thompson

Vice President – Andrew Barnett

Secretary – Carissa Quintal

Treasurer – Debbie Steven



Good Luck & Best Wishes
We wish you the best for a speedy recovery & quick return home.

